



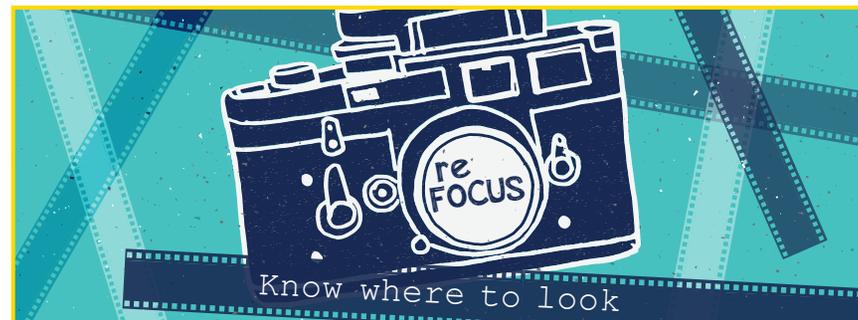
WEEK ONE

PSALM 100:1-5

A Psalm of Thanksgiving

SAY
THIS

Celebrate what
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DO
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MORNING TIME

Start the month by putting a sticky note somewhere in your home that mentions something you are grateful for. Tell your kids to be on the lookout for it and whoever is the first to find it, gets to hide the next sticky note about what they are thankful for the next day. Do this until everyone has had a turn finding the note and delivering it.

REMEMBER THIS

"Give thanks no matter what happens. God wants you to thank him because you believe in Christ Jesus."
1 Thessalonians 5:18, NIRV

LIFE
APP

GRATITUDE – Letting others know you see how they've helped you

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THE QUESTION YOUR CHILD IS ASKING

This is an excerpt adapted from the *Phase Guides* written by Kristen Ivy and Reggie Joiner

Parenting is hard. Just when you think you understand your child, everything changes. And then you have to get reacquainted and figure out a new way to parent. It might be helpful to know that every kid at every phase is asking a unique and fundamental question. How you answer that question for your child will communicate the one thing they need most: LOVE.

Your elementary-aged child is asking, "Do I" Questions.

In kindergarten and first grade, kids are adjusting to lots of changes and trying many things for the first time, like going to school, riding the bus, or joining a team. With all the increased opportunities in these early years, your kindergartner or first grader is asking one major question:

"DO I HAVE YOUR ATTENTION?"

They need to know you see their efforts, their ideas, their accomplishments, and their failures.

In second and third grade, kids are becoming increasingly self-aware, and

they begin to compare themselves to others. They are asking this fundamental question:

"DO I HAVE WHAT IT TAKES?"

They want to know they have what it takes to make the team, to get the grade, and to measure up to their own (and your) standards.

In these early years of elementary school, your can give your child the love they need when you do one thing:

ENGAGE their interests.

When you engage their interests, you . . . communicate that their ideas have value, show curiosity about their activities establish that their efforts are significant, demonstrate that they are worth loving, help them push through set-backs.

You are probably doing more than you realize to show your child just how much you love them. Make a list of the ways you already show up consistently to engage your child's interests.

For more blog posts
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