



**BASIC TRUTH**

GOD MADE ME

**SAY  
THIS**

WHO MADE EVERYTHING  
WONDERFUL?  
GOD MADE EVERYTHING  
WONDERFUL.

**DO THIS**



**MORNING TIME**

When you go into your baby's room this month say, "Good morning! There's my wonderful (name of child)!"



**FEEDING TIME**

While feeding your baby this month say, "God made you and you are wonderful - from the top of your head to the tips of your toes! You are wonderful!"



**CUDDLE TIME**

Cuddle up with your baby this month and pray, "Dear God, thank you for making (name of child) and giving (him, her) to me. Help me to teach (him, her) about the wonderful world you made. I love you, God. In Jesus' name. Amen."



**BATH TIME**

As you bathe your baby this month say, "God made your (name of body part). God made your (name of body part). God made your (name of body part)." Continue doing this throughout the bath time.



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This is an excerpt adapted from the book *Zero to One : Parenting Through the "I Need You Now" Phase* by Kristen Ivy and Reggie Joiner

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The wonder you feel when you stare at the new life in front of you will change the way you see God—the Creator of life. In this phase you will also have the potential to impact how your baby sees God.

As you introduce your baby to the world around them, you will incite wonder in their heart for the One who made the sun, the trees, and their own little toes. But as you incite wonder, remember this: You and other key caring adults will become your child's first impression of God. Your role is simple in this phase: to love them like God loves you and to introduce them to people who reflect God's love. Here are three things you can do in the rhythm of your week to incite your baby's sense of wonder for their Creator:

### **PRAY FOR THEM WHILE YOU ARE WITH THEM**

There is something unique about praying for your child while you are with them. They may not understand

all your words, but they can sense your love for them and your attitude toward God.

### **CONNECT WITH A FAITH COMMUNITY**

This year, you will change many of your weekly habits. You might go out with friends less, go to bed earlier, or call a parent more often. Even though getting out of the house and planning around nap time can be challenging, you need other adults. Now is a good time to find and connect to a church where you feel welcome and known.

### **PLAY OR SING SONGS**

Your baby responds to music. Even in the first twelve months, a simple tune like "Jesus Loves Me" can delight a child and communicate truth. So sing or play some songs that remind your family about God's love.

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